

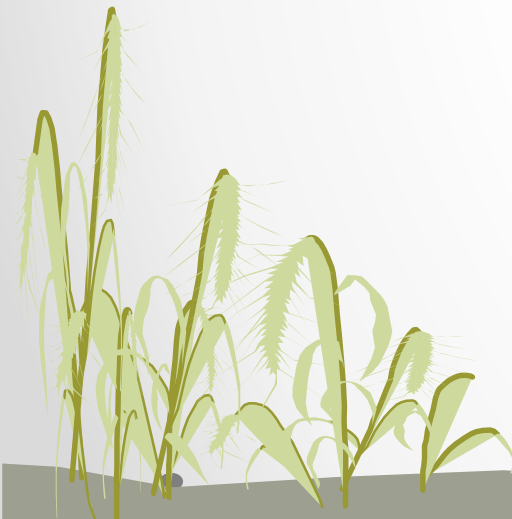
The Gap Between Outpatient and Inpatient Psychiatric Services

10th Annual CCAPP Addiction Conference

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Michelle M. Ho, PsyD, LMFT



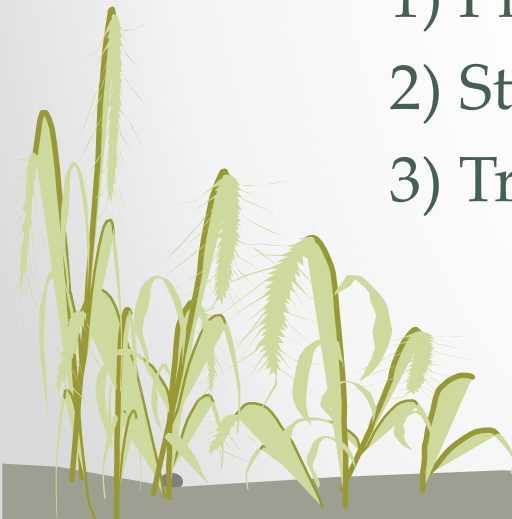
Objectives

- Understand the laws/regulations around inpatient psychiatric care
- Explore ways to improve care coordination
- Reduce the rate of recidivism into inpatient psychiatric services
- Explore treatment options for clients with co-occurring disorders
- The ability to make an impact



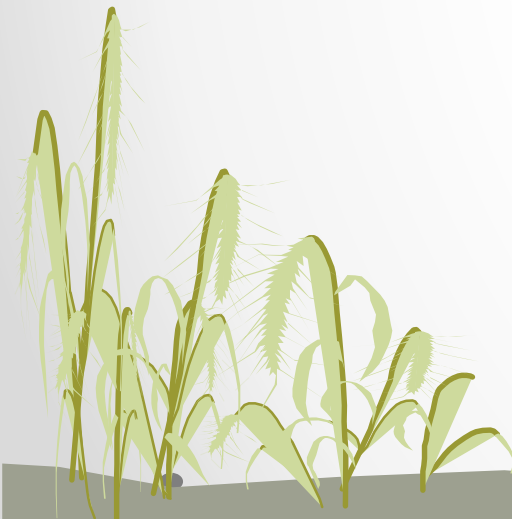
Laws/Regulations

- Expect the unexpected
- Emergency rooms are 24-hour facilities
- EMTALA Law (Emergency Medical Treatment and Labor ACT):
 - Law passed by congress in 1986. Designed to provide emergency care to all patients, regardless of insurance status or ability to pay.
 - EMTALA defines 3 responsibilities of participating hospitals:
 - 1) Provide all patients with a medical screening examination (MSE)
 - 2) Stabilize any patients with an emergency medical condition
 - 3) Transfer or accept appropriate patients as needed



Laws/Regulations

- Understanding the psychiatric holds
 - 5150- 72 hours
 - 5250- 14 hours
 - T-con- 30 days- 6 months
 - Permanently conserved



Stats

- Only 15-20% of patients get admitted into an inpatient setting
- Approximately 80-85% get discharged back to the community
- At least 80% substance use patients DO NOT admitted
- In 2021, about 22 million adults suffer from substance use disorders struggle with 75% have an alcohol use disorder
- People with mental health disorders are more at risk for SUD disorder



Care Coordination

- Establish professional relationships
- Collaboration with community partners
- Use Multi Disciplinarian approach
- Follow up
- Assessing needs and goals
- Offer after hours
- Be unconventional, be different



Treatment Options

- What to treat first? Mental Health vs. Substance Use Disorders?
- Depends on..
 - Behaviors
 - Symptoms
 - History
 - Current presentation
 - Current functioning level
 - Legal Holds (5150, 5250, conservatorship, etc.)



Treatment Options

- Sobering Centers
- Withdrawal Management (Detox)
- Inpatient Residential Treatment
- Recovery Residences (Transitional Housing Units)
- Inpatient psychiatric admissions
- Long term residential placements
- On-going case management and clinical services
- Outpatient treatment services
- Intensive outpatient
- Aftercare



How To Make and Impact

- PASSION
- What can I do?
- How can I contribute?
- Advocacy
- Leadership
- Get involve in systematic changes (funding, policies, etc.)
- Self Care



Thank You!!!

- Contact Info:
- Email: Michellem528@gmail.com
- (408) 427-7286

